

EAST COAST THERAPIES

Parent Information Guide: Obtaining Your Child's OT Prescription

PRESCRIPTION REQUIREMENT

To begin Occupational Therapy (OT) services, East Coast Therapies must have a valid prescription on file from your medical provider. Please request that your child's pediatrician, Physician Assistant (PA), or Nurse Practitioner (NP) writes a prescription stating:

"OT evaluation and treatment"

Important SC Medicaid Rule (Effective July 1, 2026)

If you plan to use **any South Carolina Medicaid plan** for your child's therapy, state regulations require that the specific physician, PA, or NP writing and signing the OT prescription **must be actively registered and enrolled in the SC Medicaid provider system**. If the ordering provider is not registered, insurance rules prohibit us from accepting the referral or billing services.

Applicable South Carolina Medicaid Plans:

- Absolute Total Care
- First Choice (by Select Health of SC)
- Healthy Blue (by BlueChoice HealthPlan)
- Humana Healthy Horizons
- Molina Healthcare
- Traditional SC Healthy Connections Medicaid

Private / Commercial Insurance & Private Pay: If you are using commercial insurance (e.g., BlueCross BlueShield, UnitedHealthcare, Aetna, Cigna) or paying out-of-pocket, this Medicaid registration requirement **does not apply to you**.

ACTION STEPS FOR FAMILIES USING MEDICAID

To prevent appointment delays and avoid unnecessary visit costs, please follow these steps before obtaining your child's prescription:

- 1 Ask Your Provider's Office Directly**
Before your appointment or script request, ask the office staff: *"Is the doctor, PA, or NP writing this prescription actively enrolled as an ordering provider with SC Medicaid?"*
- 2 Verify Provider Enrollment Online (Optional)**
You can verify status via the official portal at <https://img1.scdhhs.gov/search4aprovider/>. Filter by individual provider, county, and enter the practitioner's name.
- 3 Submit the Prescription to East Coast Therapies**
Have the provider's office fax the completed prescription directly to **(231) 625-4219**, or request a physical copy to provide during intake.

Need assistance? If you are unsure whether your child's doctor or mid-level provider is registered with SC Medicaid, contact our office with the provider's full name and office location, and our team will gladly verify their enrollment for you.